

Dear All,

Hope you are well.

Now I have a new schedule for my Counselling Education Sessions. I will not send the Zoom links to you every time and I only use the following two Zoom links in the future. If you have any questions, please don't hesitate to contact me.

**Monday to Friday: 10:00 AM (Brain Health)**

**Monday to Wednesday and Friday: 4:00 PM (Conflict Resolution Skills)**

I need you to register if you want to attend these educational group counseling sessions.

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Please see the following Zoom links from Monday to Friday at **10:00 AM**. Please save this Zoom link.

**Topic: Counselling Session: Brain Health**

**Time: 10:00 AM (This is a recurring meeting)**

Join Zoom Meeting

<https://us02web.zoom.us/j/81589337783>

Meeting ID: 815 8933 7783

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Please see the following Zoom links from Monday to Wednesday and Friday at **4:00 PM**. Please save this Zoom link.

**Topic: Counselling Session: Conflict Resolution Skills**

**Time: 4:00 PM (This is a recurring meeting)**

Join Zoom Meeting

<https://us02web.zoom.us/j/81120038556?pwd=RTkxUzUxcURLc1h2QzJaTExLRjB2QT09>

Meeting ID: 811 2003 8556

Passcode: 409858

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Looking forward to meeting you all!

Sincerely,

Michael Paré, B.Sc., MSc., M.Ed., M.D. 416-723-1716

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Registered Psychotherapist (CRPO)

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