

The Wednesday Evening CME Program DVD Psychotherapy Series



Wednesday, 7:30 PM to 9:30 PM
 265 Yorkland Blvd., Toronto, Ontario

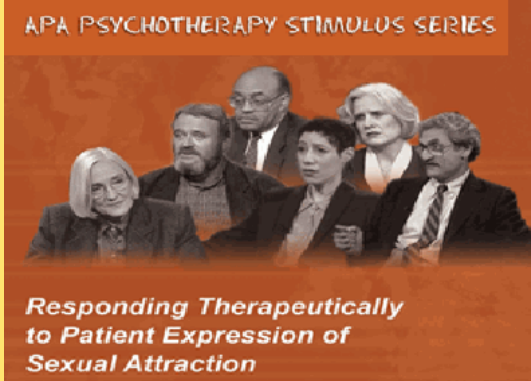

You are invited to this interactive, small group learning and peer mentoring opportunity

Dear Colleagues,

Please join us for an informal, interactive, sharing of ideas concerning practical psychotherapeutic practice. These sessions will lead by a “peer” (or sometimes by a recognized expert). We will view a real (or simulated) therapist/patient session and then discuss both the session and the theory once per month. A hot dinner or refreshing snack is included (Please RSVP.) The cost: none for occasional attendee – feel free to join us for free.

For more information, please call Dr. Michael Paré at 416-229-2399 x 120 or by email at michaelpare@rogers.com.

Speaker or Peer Moderator:	Program Dates on Wednesday	Topics:
<p>In Treatment – Season 2</p> <p>Moderator: a peer practicing psychotherapy</p> <p>Mia</p> <p>Sessions with Gina (the therapist’s supervision) will occasionally be shown</p>	<p>June 8th 2011 (Week 1)</p> <p>June 15th 2011 (Week 2)</p> <p>June 22nd 2011 (Week 3)</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Responding Therapeutically to Patients Expression of Anger (with open discussion)</p> <p>American Psychological Association Series</p>	<p>June 29th 2011</p>	

Speaker or Peer Moderator:	Program Dates on Wednesday	Topics:
<p>In Treatment – Season 2</p> <p>Moderator: a peer practicing psychotherapy</p> <p>Mia</p>	<p>July 6th 2011 (Week 4)</p> <p>July 13th 2011 (Week 5)</p> <p>July 20th 2011 (Week 6)</p> <p>July 27th 2011 (Week 7)</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>What to do when patients express affection and even sexual attraction to you the therapist?!</p> <p>The American Psychological Association</p>	<p>August 3rd 2011</p>	
<p>In Treatment – Season 2</p> <p>Moderator: a peer practicing psychotherapy</p> <p>April</p> <p>Sessions with Gina will occasionally be shown</p>	<p>August 10th 2011 (Week 1)</p> <p>August 17th 2011 (Week 2)</p> <p>August 24th 2011 (Week 3)</p>	
<p>Video Session</p> <p>Resolving Trauma in Psychotherapy A Somatic Approach (Part I) (See full description of session in Page 3)</p> <p>Peter A. Levine, Ph.D. holds doctorate degrees in Medical Biophysics and in Psychology. During his thirty five-year study of stress and trauma, Dr. Levine has contributed to a variety of scientific and popular publications. He was a stress consultant for NASA during the development of the Space Shuttle, and has taught at</p>	<p>August 31st 2011</p> <p>treatment centers, hospitals and pain clinics throughout the world, as well as at the Hopi Guidance Center in Arizona. Peter served on the World, Psychologists for Social Responsibility, presidents' initiative on responding to large scale disasters and ethno-political warfare. He is presently a distinguished faculty member at the Santa Barbara graduate Institute. His best selling book, Waking the Tiger; Healing Trauma, is published in 20 languages.</p>	 <p>Peter A. Levine, Ph.D.</p>

Speaker or Peer Moderator:	Program Dates on Wednesday	Topics:
<p>In Treatment – Season 2</p> <p>Moderator: a peer practicing psychotherapy</p> <p>April</p>	<p>September 7th 2011 (Week 4)</p> <p>September 14th 2011 (Week 5)</p> <p>September 21st 2011 (Week 6)</p> <p>September 28th 2011 (Week 7)</p>	
<p>Video Session</p> <p>Resolving Trauma in Psychotherapy A Somatic Approach (Part II)</p> <p>Working with Ray's presenting symptoms over the course of five sessions, Levine introduces a number of essential trauma resolution techniques that markedly improve Ray's Tourette-like convulsions, as well as his overall pain and emotional outlook. Levine developed Somatic Experiencing® based on the premise that trauma overwhelms the nervous system and that it needs to be addressed somatically before emotional</p>	<p>October 5th 2011</p> <p>processing is possible. Thorough commentary by Levine, as well as an extensive interview, helps to elucidate the subtleties of his methods. You will walk away from this video with a sound understanding of this approach to trauma work. This method can be integrated with and add richness to a number of therapeutic modalities and can be used to treat all manner of trauma – from car accidents, surgeries, child abuse, experiences of violence, and so on</p>	 <p>Peter A. Levine, Ph.D.</p>
<p>In Treatment – Season 2</p> <p>Moderator: a peer practicing psychotherapy</p> <p>Oliver</p> <p>Sessions with Gina will occasionally be shown</p>	<p>October 12th 2011 (Week 1)</p> <p>October 19th 2011 (Week 2)</p> <p>October 26th 2011 (Week 3)</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Discussion of principles of Gestalt Therapy and viewing of the session with Gloria.</p> <p>Fritz Perls</p>	<p>November 2nd 2011</p>	 <p>Fritz Perls</p>

Speaker or Peer Moderator:	Program Dates on Wednesday	Topics:
<p>In Treatment – Season 2</p> <p>Moderator: a peer practicing psychotherapy</p> <p>Oliver</p>	<p>November 9th 2011 (Week 4)</p> <p>November 16th 2011 (Week 5)</p> <p>November 23rd 2011 (Week 6)</p> <p>November 30th 2011 (Week 7)</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Prescriptive Eclectic Psychotherapy. Viewing of a simulated session with interactive discussion.</p> <p>John C. Norcross</p> <p>APA-DVD Series</p>	<p>December 7th 2011</p>	
<p>In Treatment – Season 2</p> <p>Moderator: a peer practicing psychotherapy</p> <p>Walter</p> <p>Sessions with Gina will occasionally be shown</p>	<p>December 14th 2011 (Week 1)</p> <p>December 21st 2011 (Week 2)</p> <p>December 28th 2011 (Week 3)</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Constructive Psychotherapy</p> <ol style="list-style-type: none"> 1. Watching a session 2. Theory of Therapy <p>With open discussion</p> <p>Robert A. Neimeyer</p>	<p>January 4th 2012</p>	

Speaker or Peer Moderator:	Program Dates on Wednesday	Topics:
<p>In Treatment – Season 2</p> <p>Moderator: a peer practicing psychotherapy</p> <p>Walter</p>	<p>January 11th 2012 (Week 4)</p> <p>January 18th 2012 (Week 5)</p> <p>January 25th 2012 (Week 6)</p> <p>February 1st 2012 (Week 7)</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>The Heart of Charge in Psychotherapy</p> <p>Dr. Scott D. Miller</p> <p>APA-DVD Series</p>	<p>February 8th 2012</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Rogerian or Client Centred psychotherapy with discussion</p> <p>Dr. Nathaniel J. Raskin</p> <p>APA-DVD Series</p>	<p>February 15th 2012</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>The Treatment of Depression. DVD session with Michael Yapko</p> <p>American Psychological Association Series</p>	<p>February 22nd 2012</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Forgiveness in Relationships</p> <p>Dr. Robert D. Enright and Dr. Richard P. Fitzgibbons</p> <p>APA-DVD Series</p>	<p>February 29th 2012</p>	

Speaker or Peer Moderator:	Program Dates on Wednesday	Topics:
<p>Moderator: a peer practicing psychotherapy</p> <p>Reality Therapy Viewing of Session and Discussion</p> <p>Robert E. Wubbolding</p> <p>APA-DVD Series</p>	<p>March 7th 2012</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Systems of Psychotherapy: Existential Therapy</p> <p>Kirk J. Schneider</p> <p>APA-DVD Series</p>	<p>March 14th 2012</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Narrative Therapy: hearing and responding to the patient's "story"</p> <p>Dr. Lynne Angus</p> <p>APA-DVD Series</p>	<p>March 21st 2012</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Dependent Personality Disorder with discussion</p> <p>Robert F. Bornstein</p> <p>AAA-DVD Series</p>	<p>March 28th 2012</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Schema Therapy</p> <p>Dr. Jeffrey E. Young</p> <p>American Psychological Association Series</p>	<p>April 4th 2012</p>	

Speaker or Peer Moderator:	Program Dates on Wednesday	Topics:
<p>Moderator: a peer practicing psychotherapy</p> <p>Systems of Psychotherapy</p> <p>Dr. Florence W. Kaslow</p> <p>APA-DVD Series</p>	<p>April 11th 2012</p>	
<p>Moderator: a peer practicing psychotherapy</p> <p>Spirituality: A neglected aspect of psychotherapy?</p> <p>Edward P. Shafranske</p>	<p>April 18th 2012</p>	

Objectives of the Program:

- ✓ The imparting of useful information and knowledge in General Psychotherapy.
- ✓ Increased clinical understanding of various forms of psychotherapy.
- ✓ The application of useful psychotherapeutic skills to improve clinical outcome.
- ✓ Discussion of the intricacies of the therapist-patient dyad
- ✓ A small group format for interactive discussion of various issues for improved therapeutic effectiveness.
- ✓ Therapist fellowship and sharing for increased sense of collegiality and support.

For more information or reserve a seat
Please contact Dr Michael Paré at michaelpare@rogers.com or (416) 229-2399 ext 120

See our website at www.medicalpsychclinic.org

Registration Form

Name: _____ Tel: _____

Email: _____

Address: _____

Payment: A voluntary contribution of \$10 per session attended is suggested but not required, (you may pay “The Medical Clinic” by Personal Cheque).