

# 15th Annual McMaster Muskoka Seminars 2011



DEERHURST  
*Resort*



Outstanding Continuing Medical Education in the Beautiful Resort Settings of Ontario, Canada.



## Seminar Overview

- The McMaster Muskoka Seminars are designed to provide clinicians (psychiatrists family doctors, other GP-Psychotherapists mental health professionals) with an outstanding opportunity to combine stimulating symposia with a relaxing summer vacation. This series of seminars is hosted by the Faculty of Health Sciences, Department of Psychiatry and Behavioural Neurosciences, McMaster University, in conjunction with St. Joseph's Healthcare, Hamilton and with the assistance and involvement of the OMA Section on General Practice Psychotherapy.
- The 2011 seminars will be held at the beautiful Deerhurst Resort in Huntsville, Ontario.
- Our one week long seminars run from 9:00 – 12:15 daily, allowing registrants to make use of the resort amenities in the afternoons.
- The Courses offered will be towards the end of July and/or the beginning of August 2011. Thus individual courses run from July 25th to 29th or August 1st to 5th or August 8th to 12th. See below for exact dates.
- Study Credits: Only the listed specifically designated programs meet the accreditation criteria of the College of Family Physicians of Canada, & have been accredited for 15 MAINPRO-C credits each.
- We reserve the right to cancel courses.

### A. COGNITIVE BEHAVIOUR THERAPY FOR WEIGHT MANAGEMENT: (July 25-29)

#### An evidence-based approach for health care providers

**Faculty:** *Dr. Michele Laliberte, Ph.D., C.Psych, is an Assistant Professor (part-time) in the Department of Psychiatry and Neurosciences at McMaster University in Hamilton, Ontario, Canada. She is also the Director of the outpatient adult Eating Disorders Program at St. Joseph's Healthcare in Hamilton. Dr. Laliberte has trained numerous health care professionals in Cognitive Behavior Treatment for Eating Disorders. She also maintains a private practice in eating disorders.*

### B. PRACTICAL INTRODUCTION TO GENERAL PRACTICE PSYCHOTHERAPY (July 25-29)

#### 15 MAINPRO-C credits

**Faculty:** *Dr. Michael Paré, MD, M.Sc., M.Ed., C-IPT, C-GT, General Physician Practicing Psychotherapy. Chair OMA Section on General Practice Psychotherapy. Coordinator the Medical Clinic for Person-Centred Psychotherapy. Adjunct Professor, Department of Psychology, Tyndale University. Certified Group Therapist and Certified IPT Psychotherapist. (Teaching) Mentor / Supervisor of both the General Practice Psychotherapy Association and the Collaborative Mental Health Care Network, Ontario College of Family Physicians.*

Please log onto [www.mcmastermuskokacme.com](http://www.mcmastermuskokacme.com) for more information.

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## C. PSYCHIATRY FOR FAMILY PHYSICIANS (Aug 1-5)

15 MAINPRO-C credits

**Faculty:** *Dr. Jon Davine, MD, CCFP, FRCP(C), Associate Professor in the Department of Psychiatry and Behavioural Neurosciences, McMaster University, with cross appointment in Family Medicine. His outpatient psychiatry practice focuses on liaising with primary care physicians in the "shared care" model. For a number of years, he has taught courses in behavioural sciences to family medicine residents and to family doctors in the community.*

## D. MINDFULNESS I : (Aug 1-5) PRACTICE APPROACHES FOR HEALTH CARE PRACTITIONERS AND THEIR PATIENTS

## E. MINDFULNESS II : (Aug 8-12) BUILDING SKILLS, REFINING PRACTICE

**Faculty:** *Dr. Susan Abbey, MD, FRCPC, is a psychiatrist whose work is at the interface of medicine and psychiatry. She teaches MBSR at the University Health Network and is a collaborator in studies of the usefulness of MBSR in the management of hypertension and distress associated with systemic lupus erythematosus. She has a personal mindfulness practice that assists her in meeting the challenges of a busy professional life coupled with two young children.*

## F. LAW & PSYCHIATRY (Aug 1-5)

**Faculty:** *Dr. John Bradford, MBChB DPM FFPsych MRCPsych DABPN DABFP FRCPC, is the Associate Chief of the Integrated Forensic Program of the Royal Ottawa Healthcare Group. He is Professor & Head of the Division of Forensic Psychiatry & has a cross appointment as Professor in the School of Criminology, University of Ottawa. He is also a Professor in the Department of Psychiatry, Queens University. His research interests included sexual behaviours; impulse control disorders and most aspects of forensic psychiatry. He has received numerous awards for his work in the field of Forensic Psychiatry & has over 300 peer-reviewed abstracts from presentations all over the world.*

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For more information please contact:

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Phone number is (416) 229-2399 Ext 125

**Gary Chaimowitz, MB ChB MBA FRCP – Course Director**

**Michael Paré, M.Sc., M.Ed., M.D. – Associate Course Director**

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# Accommodations

## DEERHURST RESORT - HUNTSVILLE

WEBSITE: [WWW.DEERHURSTRESORT.COM](http://WWW.DEERHURSTRESORT.COM)

**For reservations call: 1-800-461-4393** and quote **"McMaster Muskoka Seminars"**. Sunday check-in and Friday check-out. Spouse and children under 18 stay free with seminar registrant. Guestroom types contingent upon availability so it is recommended to book early. Reservation is subject to a deposit and cancellation policy. Accommodations are not included in the registration fee. For room descriptions, please log onto [www.deerhurstresort.com/accommodations.html](http://www.deerhurstresort.com/accommodations.html)

**Rooms at Deerhurst Resort per unit per night** (plus applicable taxes and resort fee of \$10 pp/per night)

**Main Building Room \$199** (Pavillion)

**Lakeside Room \$209**

**Junior 1 Bedroom Suite \$239** (Sports Villa)

**1 Bedroom Condo \$299**

**2 Bedroom Condo \$475**

**3 Bedroom Condo \$585**



## 15th ANNUAL MCMASTER MUSKOKA SEMINAR REGISTRATION FORM

Course Tuition: (Student and Resident rates available – please inquire)

**EARLY BIRD RATE \$595.00 per course (before June 30, 2011)**

**REGULAR RATE \$645.00 per course**

**CHEQUE PAYMENTS** – Cheques payable to **"McMaster University"**. Mail to address below along with registration form.

Name: \_\_\_\_\_ Profession: \_\_\_\_\_

Address: \_\_\_\_\_

Facility: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Fax: ( \_\_\_\_\_ ) \_\_\_\_\_

**Course Registration – Please check off desired course(s):**

- A. COGNITIVE BEHAVIOUR THERPAY FOR WEIGHT MANAGEMENT – Dr. Michele Laliberte
- B. PRACTICAL INTRODUCTION TO GENERAL PRACTICE PSYCHOTHERAPY – Dr. Michael Paré
- C. PSYCHIATRY FOR FAMILY PHYSICIANS – Dr. Jonathan Davine
- D. MINDFULNESS I – Practice Approaches for Health Care Practitioners and Their Patients – Dr. Susan Abbey
- E. MINDFULNESS II – Building Skills, Refining Practice – Dr. Susan Abbey
- F. LAW & PSYCHIATRY – Dr. John Bradford

**Total amount: \$ \_\_\_\_\_ (payment must accompany registration form)**

Please mail or fax the registration form to:

McMaster Muskoka Seminars  
c/o St. Joseph's Healthcare Hamilton  
West 5th Campus  
Forensic Service – F239  
100 West 5th Street, P.O. Box 585  
Hamilton, Ontario, L8N 3K7 Canada

**Suzu Konick**

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**Gary Chaimowitz, MB ChB MBA FRCP – Course Director**

**Michael Paré, B.Sc., M.Sc., M.Ed., M.D. – Deputy Course Director**

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