

MAINPRO-C SEMINAR

Presentation Title: Boundary Issues in Psychotherapy (Based on journal articles by Dr. Michael Paré)

Program Description: This program describes the theoretical foundations and shows (using DVD clips) the practical application of boundaries in clinical process. The foundation of good quality medicine is not only scientific and technical, it is also ethical. Boundaries are essential to an appropriate therapeutic relationship. As helpers we need to know boundaries well so we can get as close to a patient without intruding upon, or "using" a patient in any way.

3 Learning Objectives:

1. The different between Boundary Crossings and Boundary Violations.
2. What do we mean by a "boundary" in a psychotherapeutic relationship?
3. What is the therapeutic frame?

Speaker(s): Dr. Michael Paré and/or others – see list attached.

Dr. Michael Paré, M.D. M.Ed., C-IPT, C-GT, General Physician Practicing Psychotherapy. Chair OMA Section on General Practice Psychotherapy. Coordinator the Medical Clinic for Person-Centred Psychotherapy. Adjunct Professor, Department of Psychology, Tyndale University. Certified Group Therapist and Certified IPT Psychotherapist. (Teaching) Mentor / Supervisor of both the General Practice Psychotherapy Association and the Collaborative Mental Health Care Network, Ontario College of Family Physicians. Our website is <http://www.medicalpsychclinic.org>.

of MainPro-C Credits: =3 Hours = 3 Credits

Organization: The Medical Clinic for Person Centred Psychotherapy

Contact: Dr. Michael Paré **Email:** michaelpare@rogers.com

Phone #: 416-229-2399 x 120 or 416-723-1716