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Diversity & Adversity: How Racism Affects Mental and Physical Health



Dr. Onye Nnorom is a Family Doctor and a Public Health & Preventive Medicine specialist. She practices at TAIBU Community Health Centre, in Toronto, which has a mandate to serve the Black community in the Greater Toronto Area. She is the Primary Care Lead for Cancer Care Ontario's Central East Regional Cancer Program, providing leadership on matters of cancer prevention and care to primary care physicians in the region. She is also the Associate Program Director of the Public Health &

Preventive Medicine Residency Program at the University of Toronto. She recently took on the position as the Black Health Theme Lead for the Faculty of Medicine, incorporating Black Canadian health issues into the medical school curriculum. Dr. Nnorom completed her medical degree at McGill University, and then completed a Masters of Public Health (Epidemiology) and residency training at the University of Toronto. Being of Nigerian and Trinidadian heritage, she is particularly interested in racism and its impacts on the health of Black and other racialized/immigrant groups in Canada. She is the President and Board Chair of the Black Physicians' Association of Ontario.

Approved for 2 hours of MDPAC Group CE credits

Learning Objectives:

By the end of the session participants will be able to:

- 1. Understand how systemic racism acts as a social determinant of health in Canada
- 2. Describe the different ways in which racism can affect mental and physical health
- 3. Discuss how experiences of subtle racism (micro-aggressions) can be traumatic for patient

Location: OMA Offices, 150 Bloor Street West, Suite 900, Toronto, ON

Date: Tuesday, January 22nd, 2019

Schedule: 7:30-9:30 PM

Who is Invited: Physicians, Residents and Medical Students

Registration: Free, hosted by the OMA Section on Primary Care Mental Health

Please register with Ada/Anna at pcmhsection@gmail.com or 416-229-2399 Ext 125.

We hope to see you there!