## **MAINPRO-C SEMINAR**

**Presentation Title**: Overview of Standards and Guidelines of General Practice Psychotherapy

**Program Description:** Physicians often do Psychotherapy without as much training as they would want. There are so many demands on their time. This session covers a few centrally important and yet rarely disscussed essential elements of successful ethical psychotherapy (such as confidentally [and its limits], obtaining truly informed consent, keeping good boundaries, etc.)

## 3 Learning Objectives:

- 1. The participant will have increased knowledge of the Standards and the Guidelines for Psychotherapy and issues of confidentially, Record Keeping, Informed Consent, Boundaries, and Diagnosis suicide assessment, etc.
- 2. What are the common countertransferences reations (positive and negative with patients.
- 3. Learn the several components of a suicide risk assessment.

**Speaker(s):** Dr. Michael Paré, and/or others – see list attached.

Dr. Michael Paré, M.D. M.Ed., C-IPT, C-GT, General Physician Practicing Psychotherapy. Chair OMA Section on General Practice Psychotherapy. Coordinator the Medical Clinic for Person-Centred Psychotherapy. Adjunct Professor, Department of Psychology, Tyndale University. Certified Group Therapist and Certified IPT Psychotherapist. (Teaching) Mentor / Supervisor of both the General Practice Psychotherapy Association and the Collaborative Mental Health Care Network, Ontario College of Family Physicians. Our website is http://www.medicalpsychclinic.org.

# of MainPro-C Credits: =3 Hours = 3 Credits

**Organization:** The Medical Clinic for Person Centred Psychotherapy

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